



Curriculum Vitae

Alexandra Onișor

Contact information

Fist Name/Last Name	Alexandra Onișor (formerly Alexandra Sidor)
Home address	Crișan 32, Cluj-Napoca, 400177
Mobile	(+40) 752-721909
E-mail	alexandra.onisor@publichealth.ro
Nationality	Romanian
Data nașterii	29/09/1987
Gender	Women

Work experience

Period	2011-present
Position	Reserach assistant
Organization	Department Public Health, College of Political, Administrative and Communication Sciences, Babeș-Bolyai University, Cluj-Napoca, Romania Pandurilor 7, Cluj-Napoca, 400376
Period	May – December 2015
Position	Trainer in the project POSDRU/182/2.3/S/152906: CaliTex Continuous vocational training for employees of the North-Westerna and Central part of Romania
Organization	Association Center for Health Research Aghireșu Fabrici 157, Cluj-Napoca, 407010

Period August - December 2015
Position Research assistant
Organization Center for International Rural Environmental, Health,
Department of Occupational and Environmental Health,
University of Iowa
105 River Street, 5300 CPHB Iowa City, Iowa, 52242
319-335-4415

Period 2013
Position Trainer in the project POSDRU/110/5.2/G/88428:
Entrepreneurship in rural areas
Organization Asociation Center for Health Research
Aghireșu Fabrici 157, 407010, Cluj-Napoca

Education and qualification

Period 2015 – present
Qualification PhD candidate
Organization Doctoral School of Administration and Political Sciences,
Domain: Public Administration, College of Political,
Administrative and Communication Sciences, Babeș-Bolyai
University, Cluj-Napoca, Romania

Period 2014-2015
Qualification Scholar in Research Training: Socio-Economics of Mental Health
Service Delivery in Southeastern Europe
Organization Fogarty International Training Conference, University of
California, Berkeley, USA

Period 2013
Qualification Motivational Interviewing Skill-Building Webinar Series
Organization Health Sciences Institute, US

Period 2013
Qualification Scholar in Fogarty International Training Program
Organization Center for International Rural Environmental, Health,
Department of Occupational and Environmental Health,
College of Public, Health, University of Iowa

Period 2012
Qualification Trainer
Organization EduExpert Training Center

Period 2009-2011
Qualification MA degree
Organization Faculty of Psychology and Educational Sciences, Department of Psychology, Babeş-Bolyai University

Period 2006 - 2009
Qualification BA degree
Organization Faculty of Psychology and Educational Sciences, Department of Psychology, Babeş-Bolyai University

Projects

Period 2018-2019
Project title Mobile health intervention for family smoking cessation in Romania
Financing Fogarty International Center, U.S. National Institutes of Health (NIH)
Grant number 1R21TW010896
Position Research assistant

Period 2018
Project title A mHealth intervention to prevent smoking relapse after pregnancy
Financing Executive Unit for Financing Higher Education, Research, Development
Grant number PN-III-P4-ID-PCE-2016-0632
Position App content developer using Motivational Interviewing

Period 2017-2019
Project title Smoking cessation in Romanian families using pregnancy as a window of opportunity
Financing Fogarty International Center, U.S. National Institutes of Health
Grant number 1K01TW009654
Position Research assistant

Period 2015-2018
Project title Joint action on nutrition and physical activity (JANPA)
Financing Consumers, Health, Agriculture, and Food Executive Agency (CHAFAEA)
Grant number 677063
Position Research assistant

Period	2015-2017
Project title	Community participation for reducing the burden of cancer: stakeholders' involvement in facilitating the return to work of cancer patients
Financing	UEFISCDI
Grant number	PN-II-RU-TE-2014-4-0478
Position	Research assistant
Period	2014-2017
Project title	Development of the European Guide on Quality Improvement in Comprehensive Cancer Control (CanCon)
Financing	Consumers, Health, Agriculture, and Food Executive Agency (CHAFEA)
Grant number	Research assistant
Position	
Period	2015-2016
Project title	Improve the Mental Health Referral System in Oncology Care (IMeRS)
Financing	University of California, Berkeley
Grant number	5D4304
Position	Principal Investigator
Period	2013-2016
Project title	Postnatal smoking relapse, its associated risk factors, and a proactive sustainable preventive intervention (PRISM)
Financing	UEFISCDI
Grant number	PN-II Grant PN-II-RU-TE-2012-3-0209
Position	Motivational Interviewing Counselor
Period	2014-2015
Project title	Develop and Validate a Nutrition Literacy Scale for Adolescents (NiLSA)
Financing	University of Iowa
Grant number	Sub - award of the Award Number D43 TW008308
Position	Principal Investigator
Period	2013-2014
Project title	Development of a nutritional literacy intervention for Romanian adolescents (ANARo)
Financing	Universitatea Babeş-Bolyai
Grant number	GTC 34067/01.11.2013
Position	Principal Investigator
Period	2011-2014
Project title	Promotion of young people's mental health through technology-enhanced personalization of care (PRO-YOUTH)

Financing	Consumers, Health, Agriculture, and Food Executive Agency (CHAFEA)
Grant number	20101209
Position	Research assistant

Publishes scientific papers

Sidor, A., Cherecheș, R. M., & Costea, V. A. (2017). Adolescents' Needs Towards School-Based Nutrition Interventions. *Romanian Journal of Diabetes Nutrition and Metabolic Diseases*, 24(1), 21-30.

Marulescu, I., & **Sidor A.** (2017). Dieticians' perspectives on tailoring nutrition interventions for Romanian adolescents. *Management in Health*, 21(1)

Escoto, A., Petruscu, M., **Sidor, A.** (2017). Perceived barriers to mental health care in oncology settings throughout southeastern Europe. In *PSYCHO- ONCOLOGY* (Vol. 26, pp. 73-73). 111 RIVER ST, HOBOKEN 07030-5774, NJ USA: WILEY

Petrescu MD, Escoto A, **Sidor A.** Barriers in accessing mental health services for cancer patients in South-Eastern Europe in Tan, S. W., Fraser, C., & Chonghaile, T. N. (2017). Conference for Healthcare and Medical Students (ICHAMS). In *BMC proceedings* (Vol. 11, No. 4, p. O1).

Rusu, C., Wallace, R. D., Coman, M., Costea, V., **Sidor, A.**, Pop, C., & Navsaria, D. (2017). Attitudes and practices of pre-reading and early childhood literacy promotion among family physicians in Romania. *Journal of Early Childhood Literacy*, 1468798417728402.

Meghea, C. I., Brînzaniuc, A., Mișu, D., Iuhas, C. I., Stamatian, F., Caracostea, G., **Sidor A.**, ... & Cherecheș, R. M. (2015). A couple-focused intervention to prevent postnatal smoking relapse: PRISM study design. *Contemporary clinical trials*, 41, 273-279.

Sidor, A., Baba, C. O., Marton-Vasarhelyi, E., & Cherecheș, R. M. (2015). Gender differences in the magnitude of the associations between eating disorders symptoms and depression and anxiety symptoms. *Journal of Mental Health*, 24(5):294-298.

Bloom J.; **Sidor A.**; Duric P.; Chihai J.; Como A.; Hranov G.; Cherecheș R.M (2015). Mental health care in oncology settings

in south-eastern Europe (SEE): Perspectives of patients, oncology clinicians and mental health practitioners. *Psycho-Oncology (suppl)*, 24: 277.

Sidor, A., Neagu, D., Brînzaniuc, A., Rus, I., & Cherecheș, R.M. (2012). Health information seeking behaviors and related parental sun exposure attitudes and practices: a pilot study in Cluj-Napoca, Romania, *European Journal of Public Health Supplement*, 22(suppl 2): 126-295

Sidor, A., Baba, C.O., Marton-Vasarhelyi, E.O., Chereches, R.M. (2014). Gender differences in comorbidities of eating disorder, By: Sidor, *European Journal of Public Health Supplement*, 24 (suppl 2): 161

Conference participation

Period	15-18 February, 2017
Conference	14th American Psychosocial Oncology Society (APOS) Annual Conference
Abstract title	Perceived barriers to mental health care in oncology settings throughout southeastern Europe.
Presentation	Poster
Authors	Escoto, A., Petruscu, M., & Sidor, A
Period	16-18 February, 2017
Conference	6th International Conference for Healthcare and Medical Students (ICHAMS)
Abstract title	Barriers in accessing mental health services for cancer patients in South-Eastern Europe
Presentation	Oral
Authors	Petrescu MD, Escoto A, Sidor A
Period	2-4 November, 2017
Conference	2nd Transylvanian International Conference in Public Administration
Abstract title	Improve the mental health referral system in oncology care
Presentation	Oral
Authors	Sidor A
Period	29 September – 1 October, 2016
Conference	New Societies, Old Minorities/New Minorities, Old Societies? The 4th International Conference of the Romanian Sociological Society (RSS)

Abstract title	Barriers in returning to work of Romanian cancer survivors: employers' perspectives
Presentation	Oral
Authors	Sidor A.
Period	July 28 – August 1, 2015
Conference	International Psycho-Oncology Society and the American Psychosocial Oncology Society Annual Conference
Abstract title	Mental health care in oncology settings in south-eastern Europe (SEE): Perspectives of patients, oncology clinicians and mental health practitioners.
Presentation	Poster
Authors	Bloom J.; Sidor A. ; Duric P.; Chihai J.; Como A.; Hranov G.; Chereches R.M
Period	May 19 - 20, 2015
Conference	1st International Conference on Non-communicable Diseases, Cluj-Napoca, Romania
Abstract title	Individual and Environmental Determinants of Food Consumption in Adolescents
Presentation	Oral
Authors	Costea V., Sidor A
Period	May 19 - 20, 2015
Conference	1st International Conference on Non-communicable Diseases, Cluj-Napoca, Romania
Abstract title	Are food preferences and availability of healthy and unhealthy food in the house important determinants of adolescents' food choices?
Presentation	Oral
Authors	Vasilescu L., Coman M.A., Sidor A. , Pop O.M
Period	2014
Conference	3rd European Conference on Mental Health – Looking for Evidence Together, Tallinn, Estonia
Abstract title	Let's focus on bulimia!
Presentation	Poster
Authors	Sidor A. , Alexa, P.M., Cionca, E., Ionel, S.M., Pop, C
Period	March 21–23, 2013
Conference	International Interdisciplinary Eating Disorders and Obesity Conference, Prague, Czech Republic
Abstract title	Comorbidities of eating disorders among adolescents. Results from participants registered on the Romanian ProYouth information and support portal
Presentation	Oral

Authors	Sidor A. , Zlati A., Marton O.E., Cherecheș, R.M
Perioada	November 8–10, 2012
Numele conferinței	5th European Public Health Conference All Inclusive Public Health Portomaso, St. Julian's, Malta
Numele lucrării	Health information seeking behaviors and related parental sun exposure attitudes and practices: a pilot study in Cluj-Napoca, Romania
Tipul de prezentare	Poster
Autori	Sidor A. , Negură D., Brînzaniuc A., Rus I.A., Cherecheș, R.M
Period	June 27, 2012
Conference	Public Health and Social Services: Education and Practice Conference, Tblisi, Georgia
Abstract title	The risk of eating disorders onset in adolescents enrolled on the online ProYouth Platform: preliminary findings from Romania
Presentation	Oral
Authors	Sidor A. , Zlati A., Marton O.E., Cherecheș, R.M